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The official approbation of the „Detensor-Systems“ was conducted on 85 patients with different manifestations of spinal osteochondrosis.

The Detensor mattress was used on 25 of these patients in their postoperative phase following inter-laminectomy and removal of the diskal prolapse.

The mattress was tested on 20 patients, afflicted with different tibial fractures for the reduction of pain syndromes in the spinal region by forced reclination.

In the remaining cases, the mattress was used for the treatment of osteochondrosis in addition to the other conservative means.

Similar results were achieved in all of the cases by relaxation of myofibrils as verified by tonusometric and EMG investigation of the paravertebral musculature.

The results of approbation permit the following conclusions. The utilization of the „Detensor-Method“ increases the effectiveness of complex healthcare means and those of singular methods for the functional treatment of all symptoms of spinal osteochondrosis. The „Detensor-System“ may be applied under the conditions of in-patient treatment in Polyclinics, Sanitariums and at home.

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