

Evaluation of the Association „Great Salt“ in Jaroslavl

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Body extension was performed in our house to this date in tubs (made by the German company „Unbescheiden“) containing mineral water.

The center adopted with great interest the practical application of extending the human spine affected by local osteochondrosis with the aid of the Detensor-Method.

The objective and subjective results achieved by this method enable us to evaluate this extra ordinary, useful and effective system for the prevention and reestablishment and in a few cases, completely cure osteochondrosis in diverse portions of the body, when combined with the traditional gentle methods applied in the sanatorium of the center „Great Salt“.

During five months of practical application of the Detensor-Therapy on 192 patients, receiving a total of 4019 applications led to the discharge of 96%. 86% of these showed the effective rehabilitation to their working capability without the opportunity to continue the use the therapeutic mat after discharge. 100% of the patients suffering from osteochondrosis of the cervical, thoracic and lumbar region had achieved very high degree of effectiveness by treatment sessions twice daily for forty minutes over a period of 21 days.

The unique features of this system were thoroughly investigated during medical treatment of patients with different forms of cardiac diseases with contraindication for long term extension treatment under mineral water. An overwhelming majority of patients require urgently a „Detensor-System in their home. Respective recommendations to the health insurance companies should be made.

Summary

1. Under the conditions of combined effort in the treatment of patients with the aid of traditional and new methods, already introduced for the medical treatment of the human musculo skeletal system in the practice of the center „Great Salt“, outstanding results were achieved by the additional inclusion of the treatment system „Detensor“.
 - a) Treatment duration could be shortened by 1-3 days, affirming the considerable economic effect of the „Detensor-Therapy“. Practically no side effects could be found in the application of this method in any age group for which contraindications to the treatment by conventional methods had existed. The latter speaks for the broad application of this method under the conditions of spas, the broad application in prophylactic institutions by the reduction of costs.