

Legend to the table concerning the use of the Detensor-systems in the treatment of spinal diseases at the Orthopaedic Clinic Villingen-Swenningen, Head physician.

- A = Patient I.D. number
- B = Age of patient
- C = Sex of patient (male)
- D = Sex of patient (female)
- E = Diagnosis (1-12)
- F = Affections before onset of treatment (see 1-8)
- G = Detensor-bed system
- H = Detensor-therapy mat
- I = Type of application: Bed system (if not stated otherwise, then 24 hours daily less time for other treatments)
- J = Type of application: Therapy mat
- K = Additional treatments - yes X
- L = Additional treatments - no X
- M = No improvement
- N = Moderate improvement
- O = Considerable improvement

Affections before onset of treatment:

- 1 = Pain in lumbar region
- 2 = Pain in lumbar region, radiating to one or both legs
- 3 = Pain in lumbar region, with segmental numbness
- 4 = Pain in lumbar region, with segmental partial paralyses
- 5 = Pain in thoraco lumbar transition
- 6 = Pain in thoracic spine
- 7 = Pain in cervical spine
- 8 = Generalized spinal pain

Diagnoses:

- 1 = Lumbalgia
- 2 = Lumbalgia with pseudoradicular symptoms
- 3 = Lumbo-ischialgia
- 4 = Disc prolapse without paralysis
- 5 = Disc protrusion
- 6 = Radicular compression syndrome - stenosis
- 7 = Postnucleotomy syndrome
- 8 = Radicular irritability symptoms of nucleogenesis
- 9 = Osteoporosis
- 10 = Vertebral contusions
- 11 = Vertebral fractures
- 12 = Blockage of spinal and iliosacral joints